

NON-DRUG TREATMENT FOR RESTLESS LEGS SYNDROME

*Only FDA-Cleared & Clinically
Proven Solution to Improve
Sleep in Patients with
Primary RLS*



HOW TO GET STARTED WITH RELAXIS

You will need to send both your prescription and a Product Order Form to Relaxis Customer Service. All patients who order Relaxis begin with a 30-day trial (*money-back guarantee*).** Please follow these simple steps:

1. Ask your doctor for a prescription for Relaxis. Email, fax, or mail your prescription to Relaxis Customer Service.
Email: customerservice@myrelaxis.com
Fax: 949.492.0650
Mail: 1235 Puerta del Sol #600,
San Clemente, CA 92673
2. Visit myrelaxis.com and download a Product Order Form. (*NOTE: If you do not wish to download the form, please call us at 888-475-7435, and we will mail one to you.*)
3. Complete the Product Order Form and mail it to Relaxis Customer Service at the address above.

**See *Relaxis Order Form* for details.

“With Relaxis, I am a new person. I feel wonderful. Relaxis has given me my life back. I don’t have that feeling of anxiety about my restless legs anymore. With Relaxis, I am getting relief.”

GAYLE S., ALASKA

“Relaxis has changed the way I consider sleeping—from anxiously remaining awake, to looking forward to a good night’s sleep.”

DEB B., COLORADO

For more information about Relaxis, talk to your doctor, or visit
www.myrelaxis.com

[f http://www.facebook.com/MyRelaxis](http://www.facebook.com/MyRelaxis)

[t https://twitter.com/MyRelaxis](https://twitter.com/MyRelaxis)

Relaxis | Vibratory Counterstimulation Device

INDICATIONS FOR USE:

The purpose of the Relaxis device is to improve the quality of sleep in patients with primary Restless Legs Syndrome (RLS) through the use of vibratory counterstimulation.

CONTRAINDICATIONS:

This device should not be used by patients who have been diagnosed with deep venous thrombosis (DVT) in either leg during the last 6 months because of the known potential to dislodge or break up the clot.

LIMITATIONS:

Available in the U.S. by prescription only.

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MKT-0023_A



Relaxis | www.myrelaxis.com

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People need to know there's an alternate way to treat RLS—you don't need to take medication. You can treat it with Relaxis, which is a non-medication device. It works. With Relaxis, you really can get help for RLS without drugs.

MINDI T., UTAH

More than 12 million Americans suffer with Restless Legs Syndrome (RLS) and dread nights of interrupted sleep caused by unsettling sensations that force them up and out of bed despite their physical and mental exhaustion.

Now there's a solution: Relaxis.

Over 90% of Relaxis patients experience improved sleep and relief from their restless legs.*

Relaxis was invented by an RLS patient—a retired medical doctor who refused to believe that opioids and common RLS medications (which were originally developed for Parkinson's Disease and Epilepsy) could possibly be right for treating his condition.

WHAT IS RELAXIS?

Relaxis is the only FDA-cleared, non-drug treatment for RLS. It is clinically proven to improve quality of sleep in patients with primary RLS.

HOW DOES RELAXIS WORK?

By stimulating the nerves in your legs, Relaxis sends real sensory feedback to your brain. Relaxis' vibration interrupts the signals causing your restless legs and helps relieve your symptoms. It's similar to the relief you get by moving your legs, but allows you to remain in bed and go to sleep.



CLINICALLY PROVEN RESULTS

Relaxis was shown to improve sleep quality in patients with primary RLS according to results from two randomized, multi-center, controlled, double-blinded, prospective clinical studies that were published in a peer-reviewed medical journal.

USING RELAXIS

- At the onset of symptoms, place your legs on the Relaxis pad.
- Press the green power button to turn on Relaxis.
- Adjust the vibration intensity to a comfortable setting.
- For 30 minutes, Relaxis will provide vibration at the level you set, then gradually decrease intensity and shut off automatically.

*This data does not include patients who are averse to vibration (about 10%). Relaxis is not appropriate for patients who dislike the sensation of vibration.



OVER 90% OF RELAXIS PATIENTS EXPERIENCE IMPROVED SLEEP AND RELIEF FROM THEIR RESTLESS LEGS.*